36th Annual CAZENOVIA JULY 4th FOOT RACES 2008

Dan Sutton Memorial Race

Administered by the Syracuse Chargers Track Club & the Cazenovia High School Cross Country Teams

Registration deadline is July 1st -- no day of race entries.

Entries received by June 24 (either online or US Postal Service) $15 & guaranteed a T-shirt.

Online registration only: June 25 through June 29 - $20: June 30-July 1 - $25 no guarantee of a shirt.

Events: 8:00 am 5k (3.1 mile) race (USATF Certified NY-06042-JG)
8:10 am 1 mile fun run (USATF Certified NY06041-JG)
8:45 am 10 mile race around Cazenovia Lake (USATF Certified NY-06043-JG)
All races start near Cazenovia High School

Awards: 5K age group awards (top three) for men and women in the 0-13, 14-19, and then 5 year age groups.
10-mile age group awards (top three) for men and women in the 0-19 and then five-year age groups.
New -- ***Cazenovia Jewelry Half-Century Award*** for first 50+ man & woman finisher in 5K & l0Mi Race

Facilities: Facilities are limited, so please come dressed to run. Parking is limited so arrive early and car pool!

Race Packets: Packets picked up at Cazenovia High School on the morning of the race from 6:45am - 8:00am.

Results: ChampionChip Timing for 5K and l0 Miles provided by Leone Timing

Questions? Contact : Evelyn White at 315/637-6211, NandEWhite@aol.com or check **www.Caz4thRun.org**

Make checks payable to: Syracuse Chargers Track Club, Inc.; mail to SCTC, 118 Foxcroft Ln., Fayetteville, NY l3066

Roller skates, roller blades, baby joggers, bicycles, skateboards, any electronic headsets except for hearing aids, and animals present hazards to runners and are strictly prohibited in the race.

PSN/BIB

2008 Cazenovia July 4th Foot Races

10 miles _____ 5 km _____ 1 Mile Fun Run_____ (shirt optional $5)

$15 thru June 24 No Fee

(**Registration after June 24 Online only-- $20 6/25-6/29, shirt not guaranteed; $25 6/30-7/1)**

Last Name **First Name** **Sex** **Age as of 7/4/08**

Street Address **City** **State** **Zip**

Phone # _____ E-mail address:_____

T-Shirt Size
S__ M__ L__ XL__

Release: Running a road race requires mental and physical preparation. I agree that I should not run unless I am properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the race. I assume all hazards associated with running this event, including falls, contact with other runners, the effects of the weather including high heat and humidity, traffic and the conditions of the road, all such risks known and appreciated. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Syracuse Chargers Track Club, Inc., Road Runners Club of America, Cazenovia HS Cross Country Teams, Cazenovia Central School District, Village of Cazenovia, Town of Cazenovia and other sponsors, organizers and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature: _____ Date:_____

Signature: _____ Date:_____
(Parent or Guardian's signature also necessary if l7 years of age or younger)